



THE STIGMA FREE ZONE NEWS OF NJ

Bringing the Mental Health Conversation to New Jersey

SFZ FEATURED DEC 10 ON WFDU RADIO 89.1 FM - MAYWOOD SOCCER YOUTH STIGMA FREE- DUMONT TEENS STIGMA FREE - MAP OF NJ PSYCH BEDS- MUSIC SHOUTS DOWN DRUGS - SADDLE BROOK CHURCH STIGMA FREE VIDEO - MHA PASSAIC TO HOST 2018 FILM FESTIVAL

THE STIGMA FREE ZONE IS ON THE AIR TOMORROW MORNING !

**Public Affairs Radio Show
TALKING POINTS at WFDU 89.1
features the Stigma Free
Movement on December 10,
2017**

Cynthia Chazen, Editor of The Stigma Free Zone News of NJ, will be hosted by Elaine Rivers tomorrow at 5 a.m. The entire broadcast is dedicated to the Stigma Free Zone movement spreading across the state towards its ultimate goal of creating a *Stigma Free NJ.*

[Too early for you? Click here to access WFDU 89.1 FM's archives to listen to the broadcast for the next 2 weeks.](#)



Elaine Rivers is host of *Talking Points* and she can also be heard co-hosting WFDU HD3's Gospel Music show called *The Sound of Victory*.

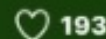
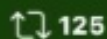
As Director of Undergraduate Adult Part-Time Admissions at Fairleigh Dickinson University in NJ, Elaine was the quintessential non-traditional student—adult learner and first-generation college graduate. Elaine now advocates for the non-traditional student and adult in higher education.



Mental Health Editor @cynchazen · 12/16/16

Dear Santa,

I want mental illness to be discussed, respected, treated, researched and funded at the same rate as cancer. K ?...



MAYWOOD SOCCER TEAMS GO STIGMA FREE!



**SADDLE BROOK PASTOR
REVEREND CHRISTOPHER B. WOLF OF
THE FIRST REFORMED CHURCH OF SADDLE BROOK
DISCUSSES CREATING A STIGMA FREE CONGREGATION**



Hey, New Jersey
High School Students!

Is music your life?
Do you know how drugs
destroy lives?

Be a part of
NEW JERSEY SHOUT DOWN DRUGS®
and let the whole state hear your voice!

Please share with all high school students you know who live for their music! New Jersey Shout Down Drugs high school music competition is now accepting entries until **February 1**. Teens can create their own original song and let the whole state hear their voice! Three music contracts, totaling \$10,000, will be awarded to the top three winners. Go to shoutdowndrugs.com to learn more!



Compete for over **\$10,000**
in Prizes

ENTRY DEADLINE:

Thursday, February 1, 2018

For entry forms & contest rules, visit:
www.shoutdowndrugs.com

No matter what kind of music you're into—R&B, rock, jazz or soul—if you've got a positive message about staying away from drugs and alcohol, shout it out at the New Jersey Shout Down Drugs® music competition.

A Statewide Concert on Friday, April 27, 2018 will feature county finalists at Daytop NJ Auditorium, Mendham, NJ.

First Place will receive a \$5,000 music contract; second place a \$3,000 contract; and third place a \$2,000 contract.



 Partnership for a
Drug-Free New Jersey
in Cooperation with the Governor's Council on Alcoholism
and Drug Abuse and the NJ Dept. of Human Services

 25th DAYTOP
NEW JERSEY
FOR THE MIND, BODY & SOUL

 NEW JERSEY
BROADCASTERS
ASSOCIATION

 1450
Talk Radio
WCTC
THE VOICE OF CENTRAL MOUNTAIN

QUICKLINKS TO NEWS

[THE RECORD: ANGER OVER REHAB HOUSE](#)

[THEGUARDIAN: THE CHOIR TACKLING MENTAL HEALTH STIGMA](#)

[GARFIELD DAILY VOICE: SADDLE BROOK GOES STIGMA FREE](#)

[MORRIS COUNTY WEBSITE: TWO-THIRDS OF MORRIS TOWNS
HAVE JOINED STIGMA-FREE INITIATIVE](#)

[RAMSEY SFZ ASKS YOU TO TAKE THE STIGMA FREE PLEDGE](#)

[TAPINTO.NET: MONTVILLE TOWNSHIP COMMITTEE COMMITTED TO MAKING MONTVILLE STIGMA FREE](#)

[NORTHJERSEY.COM: JESUS LOPEZ: ACCUSED PARAMUS MURDERER SLIPPED SAFETY-NET CRACKS](#)

[CHANGE.ORG: APA DROP THE STIGMATIZING TERM "SCHIZOPHRENIA"](#)



IT'S OKAY TO TALK ABOUT MENTAL ILLNESS

How to combat stigma in your schools and in your community

Keynote Speaker:

Maria Verna, MPAP

Rutgers Health-University Behavioral Health Care

A nationally recognized advocate for mental health issues from the consumer perspective, peer delivered services, and behavioral health issues. As a person who has managed mental illness for many years, Ms. Verna will address the how and whys of stigma and the way in which it has affected her personal and professional life.

PARTICIPATE IN ONE OF OUR WORKSHOPS

- A. How to incorporate a comprehensive mental health curriculum in your school system
- B. Learn more on how to join the stigma-free movement that is sweeping New Jersey

RSVP by clicking on this link before Dec. 6th



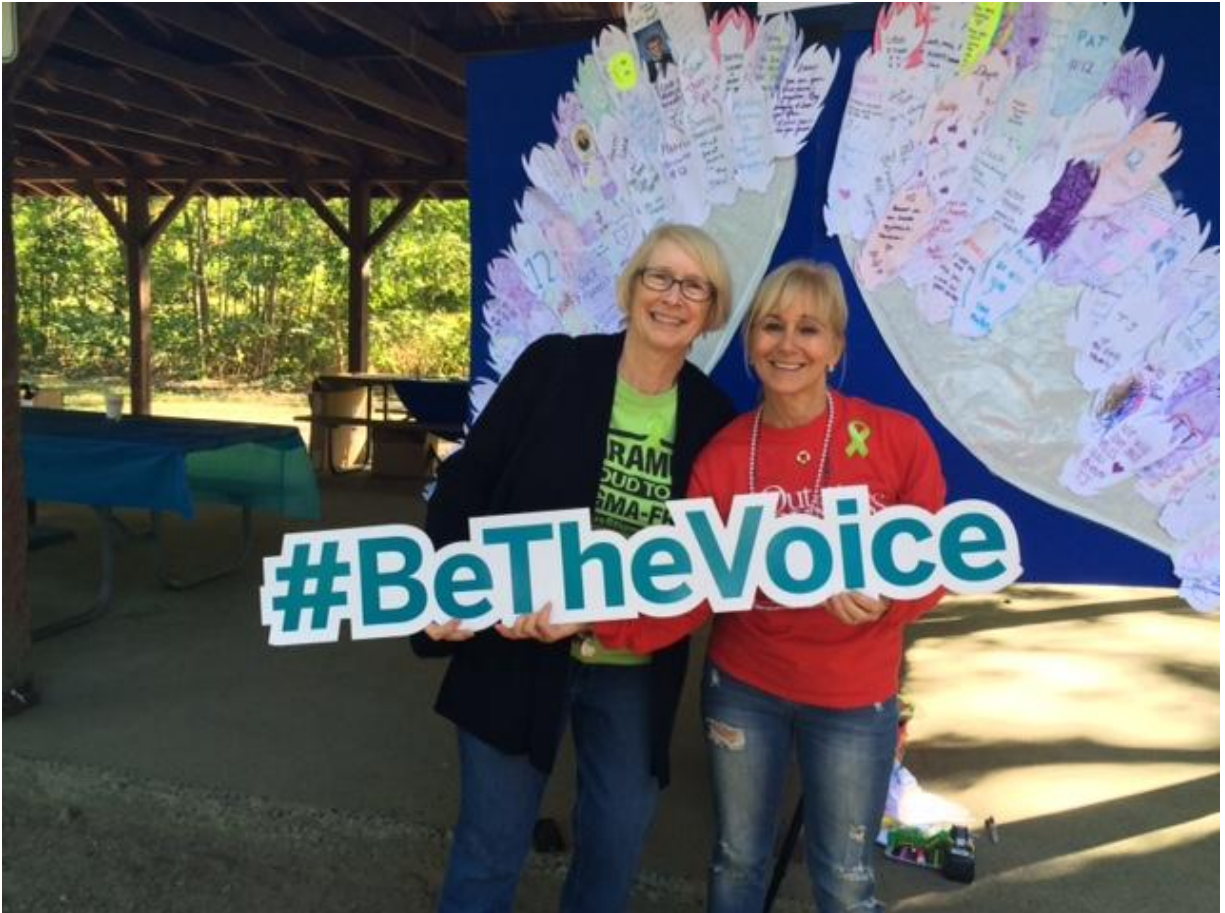
Friday, December 15th

9:00am - 12:00pm

**William Paterson University, Ballrooms
300 Pompton Road, Wayne, NJ, 07506**

WALKING IN MEMORY, LOOKING AHEAD

**Wendy Cefcik, mental health advocate and mother of TJ,
who was lost to suicide, with Mary Ann Uzzi at AFSP NJ's
Out of The Darkness Walk on October 22, 2017.**



YOU ARE INVITED TO..... Mental Health and Wellness Fair Dumont Public Schools

Date: Monday January 22, 2018

Location: Dumont High School
101 New Milford Avenue
Dumont, NJ 07628

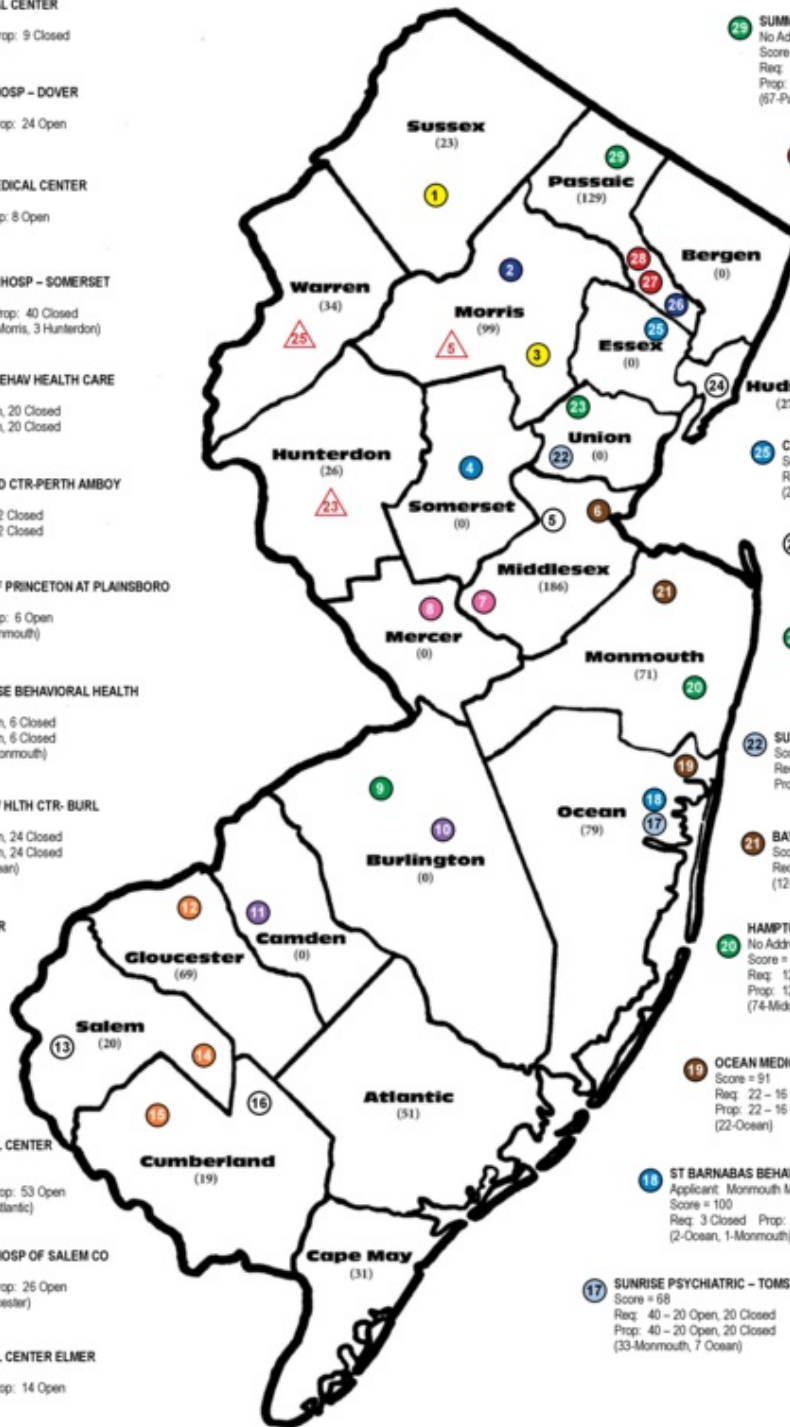
Arrival Time: 7:30 am
Fair Begins: 8:05 am

Contact: Alyssa DeNorscia or Christie Abromowicz
Dumont CST
201-387-3086



2017 PSYCHIATRIC BED CALL BY FACILITY

- 1 NEWTON MEDICAL CENTER**
Score = 102
Req: 9 Closed Prop: 9 Closed
(9-Warren)
- 2 SAINT CLARE'S HOSP - DOVER**
Score = 102
Req: 24 Open Prop: 24 Open
(24-Morris)
- 3 MORRISTOWN MEDICAL CENTER**
Score = 102
Req: 8 Open Prop: 8 Open
(8-Morris)
- 4 RWJ UNIVERSITY HOSP - SOMERSET**
Score = 93
Req: 40 Closed Prop: 40 Closed
(24-Middlesex, 13-Morris, 3-Hunterdon)
- 5 RUTGERS UNIV BEHAV HEALTH CARE**
Score = 85
Req: 30 - 10 Open, 20 Closed
Prop: 30 - 10 Open, 20 Closed
(30-Middlesex)
- 6 RARITAN BAY MED CTR-PERTH AMBOY**
Score = 91
Req: 3 - 1 Open, 2 Closed
Prop: 3 - 1 Open, 2 Closed
(3-Middlesex)
- 7 UNIV MED CTR OF PRINCETON AT PLAINSBORO**
Score = 98
Req: 6 Open Prop: 6 Open
(4-Middlesex, 2-Monmouth)
- 8 PRINCETON HOUSE BEHAVIORAL HEALTH**
Score = 95
Req: 29 - 23 Open, 6 Closed
Prop: 29 - 23 Open, 6 Closed
(22-Middlesex, 7-Monmouth)
- 9 HAMPTON BEHAV HLTH CTR- BURL**
Score = 89
Req: 48 - 24 Open, 24 Closed
Prop: 48 - 24 Open, 24 Closed
(30-Atlantic, 18-Ocean)
- 10 ASPEN HILLS HEALTHCARE CTR**
Score = 60
Req: 10 Closed
Prop: 0
- 11 NORTHBROOK BEHAVIORAL HEALTH HOSP**
Score = 57
Req: 15 Closed
Prop: 0
- 12 INSPIRA MEDICAL CENTER WOODBURY**
Score = 98
Req: 75 Open Prop: 53 Open
(49-Gloucester, 4-Atlantic)
- 13 THE MEMORIAL HOSP OF SALEM CO**
Score = 96
Req: 26 Open Prop: 26 Open
(20-Salem, 6-Gloucester)
- 14 INSPIRA MEDICAL CENTER ELMER**
Score = 100
Req: 14 Open Prop: 14 Open
(14-Gloucester)
- 15 INSPIRA HEALTH CENTER BRIDGETON**
Score = 106
Req: 19 Open Prop: 19 Open
(19-Cumberland)
- 16 CUMBERLAND BEHAVIORAL HEALTH (New)**
Score = 97
Req: 96 - 72 Open, 24 Closed
Prop: 48 - 36 Open, 12 Closed
(31-Cape May, 17-Atlantic)



- 25 SUMMIT OAKS HOSP - PASSAIC (New)**
No Address Identified
Score = 85
Req: 120 - 72 Open, 48 Closed
Prop: 120 - 72 Open, 48 Closed
(67-Passaic, 30-Morris, 23-Sussex)
- 28 ST JOSEPH'S WAYNE HOSPITAL**
Score = 105
Req: 24 - 18 Open, 6 Closed
Prop: 24 - 18 Open, 6 Closed
(24-Passaic)
- 27 ST JOSEPH'S REGIONAL MED CTR**
Score = 105
Req: 12 Closed Prop: 12 Closed
(12-Passaic)
- 26 ST MARY'S GENERAL HOSPITAL**
Score = 99
Req: 24 Open Prop: 24 Open
(24-Passaic)
- 25 CLARA MAASS MEDICAL CENTER**
Score = 93
Req: 2 Closed Prop: 2 Closed
(2-Passaic)
- 24 BAYONNE MEDICAL CENTER**
Score = 88
Req: 27 Open Prop: 27 Open
(27-Hudson)
- 23 SUMMIT OAKS HOSP - UNION**
Score = 89
Req: 48 - 36 Open, 12 Closed
Prop: 48 - 36 Open, 12 Closed
(29-Middlesex, 19-Morris)
- 22 SUNRISE PSYCHIATRIC - PLAINFIELD (New)**
Score = 46
Req: 40 - 20 Open, 20 Closed
Prop: 0
- 21 BAYSHORE MEDICAL CENTER**
Score = 89
Req: 12 Open Prop: 12 Open
(12-Monmouth)
- 20 HAMPTON BEHAV HLTH CTR-MONMOUTH (New)**
No Address Identified
Score = 85
Req: 120 - 60 Open, 60 Closed
Prop: 120 - 60 Open, 60 Closed
(74-Middlesex, 30-Ocean, 16-Monmouth)
- 19 OCEAN MEDICAL CENTER**
Score = 91
Req: 22 - 16 Open, 6 Closed
Prop: 22 - 16 Open, 6 Closed
(22-Ocean)
- 18 ST BARNABAS BEHAV HEALTH CTR**
Applicant: Monmouth Med Center
Score = 100
Req: 3 Closed Prop: 3 Closed
(2-Ocean, 1-Monmouth)
- 17 SUNRISE PSYCHIATRIC - TOMS RIVER (New)**
Score = 68
Req: 40 - 20 Open, 20 Closed
Prop: 40 - 20 Open, 20 Closed
(33-Monmouth, 7-Ocean)

Applicant-Related Facilities

● AHS Hospital Corp	● Princeton HealthCare System
● Abraham Feigenbaum, Board President	● RWJ Barnabas Health
● Inspira Health Network	● St. Joseph's Healthcare System
● Hackensack Meridian Health	● Præsum Healthcare Services
● Prime Healthcare Services	● Universal Health Services

▲ County Unmet Need

Passaic County Mental Health Film Festival



Grand Prize \$500 Scholarship

With 1 year paid
subscription of
Adobe After Effects
(\$250 value)

ATTENTION:

- ✓ HIGH SCHOOL STUDENTS
- ✓ COLLEGE STUDENTS &
- ✓ INDEPENDENT FILM PRODUCERS

CATEGORIES

- SHORT FILM
- DOCUMENTARY
- ANIMATION

1st, 2nd & 3rd
prize for each
category

- JANUARY 6, 2018 (1:00 PM – 4:00 PM) – FREE FILMING CLASS
INTERNATIONAL HIGH SCHOOL
200 GRAND ST. – PATERSON, NJ
- MARCH 16, 2018 – ENTRY DEADLINE / REGISTRATION FEE **\$10**
- APRIL , 2018 [TBA] – FILMING SHOWCASE/JUDGING
- MAY 5, 2018 – FESTIVAL AWARD BREAKFAST **\$45** [ALL CONTESTANTS MUST ATTEND]
THE NEW LA NEVE'S
276 BELMONT AVE – HALEDON, NJ



Hosted by Growing In Grace / For more information contact Sharieff Bugg - 862-262-8862

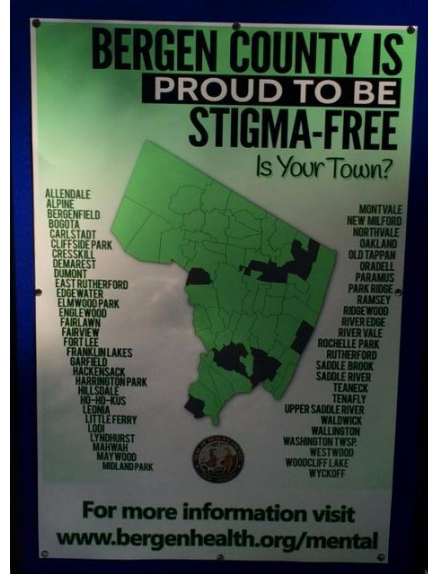
Website: www.growingingracenj.org

SAVE THE DATE!

Mark January 9th, 2018 for the
3rd Annual Bergen County
Stigma Free Conference.

More details to follow or check
the Bergen Division of Mental
Health Services website.

**55 of 70 Bergen County
Municipalities are now
Stigma Free Zones!**



ALL OF OUR LINKS ARE LIVE !

STAY CONNECTED



Visit our website